

HOLY ROSARY PARISH BULLETIN

Westmount, NS

Parish Priest – Fr. Doug Murphy

Mass – Saturday 4:15 p.m. & Sunday 10:00 a.m.



February 21st & 22nd, 2026

THEME: The story of Jesus' temptations by Satan underscores for us the point that we will only resist Satan's power by relying on the Holy Spirit as Jesus did.

COLLECTIONS: Regular - \$ 1,799.00 – Receipts for 2025 contributions are now available at the church entrance.

MASS THIS WEEK: Monday, Tuesday and Wednesday at 6:30 p.m. Thursday and Friday at 9:00 a.m. Daily Mass will continue to be celebrated in the basement of the Glebe.

BULLETIN NOTICES: Notices for the Parish Bulletin can be sent to Donna Lewis at grahamandonna@hotmail.com or by telephone at 902-564-2047. It would be appreciated if all notices could be received by Thursday at noon. Thank-you.

KNIGHTS OF COLUMBUS – 4TH DEGREE INVITATION: The Knights of Columbus 4th Degree Assembly 797 Sydney River is now welcoming applications from all 3rd Degree Knights in good standing who feel called to deepen their commitment to the Order. The 4th Degree is recognized as the visible arm of the Catholic church adding the principle of Patriotism to the foundational pillars of Chrity, Unity and Fraternity. The next 4th Degree Exemplification is scheduled for Saturday, April 25th in the Sydney area.

THE MANY FACES OF CHRISTIAN PRAYER: You are invited to join us for two sessions on prayer and the many ways we can come to God in our prayer. Saturday, March 7th from 10:00 a.m. until noon and on Saturday, March 14th from 10:00 until noon. (Weather Date if needed - Saturday, March 21st from 10:00 a.m. until noon.) Sessions will be held at St. Joseph's Parish Hall, 34 Archibald Ave. North Sydney. Sessions are facilitated by members of the Cape Breton Local of the Atlantic Association of Spiritual Directors. There is no fee although a donation is welcomed. *Registration is required to reserve your space.* To register, please contact: one of the below with your name and phone number Gary Fancey (gafancey@netscape.net) (902-862-7580) or Julia Townsend (juliat@eastlink.ca) (902-562-8423) or St. Joseph's Parish Office (902-794-3951)

WORLD DAY OF PRAYER: An Ecumenical Service will be held on Friday, March 6th at 1:30 p.m. at Our Lady of Fatima Church. World Day of Prayer is a global ecumenical movement led by Christian women who welcome you to join in prayer and action for peace and justice. This year's theme is "I Will Give you Rest". (Matthew 11:28 – 30) and focuses on Nigeria. At a time when people worldwide are carrying heavy burdens, our Nigerian sisters offer profound insights into finding rest in God.

CURSILLO WEEKEND: Cursillo - May 21st to 25th at Camp MacLeod, Albert Bridge. Women's Cursillo – June 4th to 7th. For more info, please call Arlene Edwards at 902-577-4214 or Karen MacSween at 902-317-5425.



WHAT TO GIVE UP

A LENTEN REFLECTION

Give up worry – trust in the Lord.

Give up complaining – focus on gratitude.

Give up Pessimism – become an optimist.

Give up harsh judgments – think kindly thoughts.

Give up worry – trust Divine Providence

Give up bitterness – be full of hope.

Give up hatred – turn to forgiveness.

Give up negativism – be positive.

Give up anger – be more patient.

Give up pettiness – become mature.

Give up gloom – enjoy the beauty all around you.

Give up jealousy – pray for trust.

Give up gossiping – control your tongue.

Give up sin – turn to virtue.

Give up giving up = hang in there!